

**Nicole K. Fenske, D.C.**  
**CURRICULUM VITAE**

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**Owner. Fenske Holistic Healthcare Center. Middleton, Wisconsin. 2000-present.**

**Education**

- **Doctor of Chiropractic.** Palmer College of Chiropractic. Davenport, Iowa. 1998
- **Preceptorship.** Harvey Getzoff, D.C., D.I.C.S. Marlton, New Jersey. 1998
- **Master of Arts in Latin American Studies.** University of Texas. Austin, Texas. 1992
- **Bachelor of Arts in Spanish and English, minor in Latin American Studies.** Cornell College. Mt. Vernon, Iowa. 1990

**Certifications and Licenses**

- **Nutritional Counseling Certificate.** Wisconsin Department of Regulation and Licensing. 2007-present
- **Board-Certified Clinical Nutritionist.** IAACN. 2004-present
- **Licensed Chiropractor – Wisconsin.** 1999-present

**Professional Memberships**

- Wisconsin Chiropractic Association
- The Institute for Functional Medicine (IFM)
- American Chiropractic Association

**Continuing Education**

- Immune Advanced Practice Module – IFM. 2014
- GI Advanced Practice Module – IFM. 2013
- The ABCDs of Functional Nutrition Assessment. 2013
- The Gastrointestinal System: The Cornerstone of Health. 2013
- Three Stages of Female Life & Nutritional Protocols. 2012
- Diabetes and Obesity: Innovations, Myths and Missed Opportunities. 2012

- Reclaiming Vibrant Health; Molecular Perspectives for Living Younger Longer. 2011
- How to Develop a Wholistic Practice. 2010
- The Effect of Gastrointestinal Integrity on Total Body Health and Wellbeing. 2009
- Immunization. 2009
- The Role of Clinical Nutrition in Pre- and Post-Traumatic Care. 2008
- State of Wisconsin 48-Hour Chiropractic Nutrition Program. 2007
- Functional Diagnostic Medicine Training Program. Functional Medicine University. 2007
- Reproduction and Female Hormone Herbal Applications for Female Endocrine Disorders. 2006
- Endocrine Physiology: Support in Chronic Inflammatory and Autoimmune Disorders. 2006
- Endocrine Physiology of Healthy Glands and Hormones. 2005
- Neurology. 2005
- Managing the Complex Patient. 2005
- Arthritic Disorders. 2004
- Pediatric Nutritional Neurology and the Immune System. 2003
- The Female and Pediatric Patient. 2003
- Applying Functional Medicine Principles in Caring for Women at Mid-life. 2003
- Applying Functional Medicine in Clinical Practice -- IFM. 2002
- Functional Biochemistry. 2002
- Nutritional Neuroendocrinology. 2001
- Kinesiology Applied to Functional Medicine. 2001
- Spinal Distortion and Evaluation. 2001
- Current Issues in Nutrition and Natural Medicine. 1999
- 21<sup>st</sup> Century Gerontology. 1999
- Sacro Occipital Research Society International Symposium. 1997
- Nutrition and Chiropractic Symposium at Palmer College. 1997
- 150 Hours of Applied Kinesiology Training. 1997
- National Conference on Chiropractic and Pediatrics. 1996

### **Speaking/Teaching Experience**

#### **Speaker for the Wisconsin Chiropractic Association:**

Taught a six-hour continuing education course for chiropractors on Women's Natural Healthcare. Repeated seven times (2012).

Taught a four-hour continuing education course for chiropractors on the Immune System. Repeated 6 times (2014).

### **Lecture Topics and Educational Materials Developed:**

Women's Natural Healthcare, Breast Cancer Prevention, Diet and Detoxification, Natural Care for and Prevention of Heart Disease, A Holistic Approach to Osteoporosis, Balancing Hormones Naturally, The Mind Body Connection, Nutritional Help for Allergies and Asthma, Effective Exercise, A Holistic Approach to Osteoarthritis, Being a Healthy Human Being: An Owner's Manual, A Holistic Approach to Menopause, General Nutrition for Women, Nutrition for Enhancing Brain Function, Demystifying Fad Diets: Making Good Food Choices Amidst the Confusion, A Holistic Approach to Weight Loss, Understanding Nutritional Supplements, Sweeteners, A Holistic Approach to Balancing Blood Sugar, Eating to Nourish Body and Spirit, Gastrointestinal Health, Managing Inflammation Naturally, Premenstrual Syndrome

### **Lecture Locations:**

University of Wisconsin Medical School, Madison Area Technical College, Networking Resource Group for Women, Wisconsin Public Television's Women's Health Fair, Women's Expo by Erickson Publishing, Whole Foods Market, Williamson Street Co-op, Harbor Athletic Club, Who's New in Madison, Chorus Communications, Women's Association of Certified Public Accountants, East-West Healing Arts Institute, First Unitarian Society, Women's Resource Fairs, Land's End Corporate Headquarters, LearningRX Brain Training Center, Middleton Cross Plains Area School District, Wisconsin Department of Transportation

### **Radio**

- In Business With Jody And Joan. WTDY Talk Radio 1670. August 14<sup>th</sup>, 2007.

### **Articles (by, about, or contributed to by Dr. Fenske)**

- Early Prevention is Key to Avoiding Osteoporosis.  
Brava Magazine. July 2007
- Arthritis.  
Wisconsin Woman Magazine. August 2005
- To Your Health: 10 Ways to Avoid Environmental Toxins.  
Sustainable Times. June 2005
- Fibromyalgia.  
Wisconsin Woman Magazine. January 2005
- Nutrition Tips for Adopted Children.  
Wisconsin Woman Magazine. January 2005

- An Update on Menopause.  
Wisconsin Woman Magazine. December 2004
- Chiropractic and Kids.  
Wisconsin Woman Magazine. October 2004
- Living with Fibromyalgia.  
Wisconsin Woman Magazine. June 2003
- Fighting Food Sensitivities.  
Wisconsin Woman Magazine. April 2003
- Eating Right for Menopause.  
Wisconsin Woman Magazine. March 2003
- Tips for a Healthy Heart.  
Wisconsin Woman Magazine. February 2003
- Dealing with Allergies Naturally.  
Wisconsin Woman Magazine. July 2002
- Chiropractic: Healing the Whole Person.  
Madison Magazine. November 2001
- Chiropractor Looks at the Whole Person.  
The Capital Times. June 7, 2001
- Back Care Basics.  
Wisconsin Woman Magazine. March 2001