



To-Do List

Functional Medicine (WELLNESS) patients

A SUMMARY OF THE FORMS YOU WILL NEED TO COMPLETE BEFORE YOUR INITIAL FUNCTIONAL MEDICINE APPOINTMENT WITH DR. FENSKE, AND WHEN SHE WILL NEED TO RECEIVE THEM IN ORDER TO FULLY PREPARE FOR YOUR APPOINTMENT.

FORM:

DUE:

___ Medical Record Request

Return this to our office within **TWO DAYS** of scheduling your initial appointment so we can use it to request past lab work from your other providers. Alternatively, you could download lab results yourself from your My Chart account and send them to us.

___ Patient Acceptance Form

Within **ONE WEEK** of scheduling your initial appointment.

___ Patient Health History

Within **ONE WEEK** of scheduling your initial appointment.

___ Diet Diary

Within **ONE WEEK** of scheduling your initial appointment.