



## To-Do List

### Functional Medicine LEVEL 1 and LEVEL 2 patients

A SUMMARY OF THE FORMS YOU WILL NEED TO COMPLETE BEFORE YOUR INITIAL FUNCTIONAL MEDICINE APPOINTMENT WITH DR. FENSKE, AND WHEN SHE WILL NEED TO RECEIVE THEM IN ORDER TO FULLY PREPARE FOR YOUR APPOINTMENT.

FORM:

DUE:

\_\_\_ Medical Record Request

Return this to our office within **TWO DAYS** of scheduling your initial appointment so we can use it to request past lab work from your other providers.

\_\_\_ Patient Acceptance Form

**ONE WEEK PRIOR** to your initial appointment.

\_\_\_ Patient Health History

**ONE WEEK PRIOR** to your initial appointment.

\_\_\_ Diet Diary

**ONE WEEK PRIOR** to your initial appointment.