



To-Do List

Functional Medicine LEVEL 1 and LEVEL 2 patients

A SUMMARY OF THE FORMS YOU WILL NEED TO COMPLETE BEFORE YOUR INITIAL FUNCTIONAL MEDICINE APPOINTMENT WITH DR. FENSKE, AND WHEN SHE WILL NEED TO RECEIVE THEM IN ORDER TO FULLY PREPARE FOR YOUR APPOINTMENT.

FORM:

DUE:

___ Medical Record Request

Return this to our office within **TWO DAYS** of scheduling your initial appointment so we can use it to request past lab work from your other providers.

___ Patient Acceptance Form

ONE WEEK PRIOR to your initial appointment.

___ Patient Health History

ONE WEEK PRIOR to your initial appointment.

___ Diet Diary

ONE WEEK PRIOR to your initial appointment.